



# NBRC Lap Pool

## May 1-28

**Every Wednesday: Sauna Closed 7:00-7:30PM and Hot Tub Closed 7:30-9:00PM for Cleaning**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday									
	Pool schedule is subject to change. Please check the bottom of the page for anticipated changes.															
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-9:00	Lap Swim 6:00-9:00	Lap Swim 6:00-9:00	6 lanes open 6:00-7:00 D-3 Multi	Lap Swim										
6:30am																
7:00am																
7:30am		4 lanes open 8:00-9:00 Drop-in H2O Fit	4 lanes open 8:00-9:00 Drop-in H2O Fit	Lap Swim 7:00-9:00	4 lanes open 7:00-9:00 Boulder Swim	Lap Swim										
8:00am																
8:30am																
9:00am	4 lanes open 9:00-10:00 Drop-in H2O Fit	Lap Swim 9:00-12:00	4 lanes open 9:00-10:00 Drop-in H2O Fit		4 lanes open 9:00-10:00 Drop-in H2O Fit	3 lanes open 9:00-11:00 Flatirons	3 lanes open 9:30-10:30 BAM									
9:30am																
10:00am	Lap Swim		Lap Swim		Lap Swim	Lap Swim 11:00-1:00	Lap Swim 10:30-1:00									
10:30am	3 lanes open 10:30-11:30 BAM		3 lanes open 10:30-11:30 BAM		3 lanes open 10:30-11:30 BAM											
11:00am	Lap Swim		Lap Swim		Lap Swim											
11:30am																
12:00pm																
12:30pm	7 lanes open 12:00-1:00 Lessons	3 lanes open 12:00-1:00 BAM	7 lanes open 12:00-1:00 Lessons	3 lanes open 12:00-1:00 BAM												
1:00pm	Lap Swim 1:00-4:00	Lap Swim 1:00-4:00	Lap Swim 1:00-4:00	Lap Swim 1:00-4:00	Lap Swim 11:30-4:00	4 lanes open* 1:00-4:00 Open Swim, Drop Slide, & Diving Board	4 lanes open* 1:00-4:00 Open Swim, Drop Slide, & Diving Board									
1:30pm																
2:00pm																
2:30pm																
3:00pm																
3:30pm																
4:00pm	3 lanes open 4:00-5:30 BHS	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Lessons	3 lanes open 4:00-5:30 BHS	3 lanes open 4:00-5:30 BHS	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30									
4:30pm																
5:00pm																
5:30pm	5 lanes open ELKS/Lessons	Lap Swim 5:30-9:00	4 lanes open	Lap Swim 5:30-9:00	6 lanes open 5:30-6:30 ELKS											
6:00pm	2 lanes open 6:00-7:00 BAM/Elks		3 lanes open 6:00-6:45		Lap Swim											
6:30pm																
7:00pm	6 lanes open 7:00-8:00 Pre/Post Natal		Lap Swim 6:45-9:00													
7:30pm																
8:00pm	Lap Swim 8:00-9:00															
8:30pm																
9:00pm																

Please note dates and times listed below that lifeguard classes will be in 2 lanes during Sat/Sun open swim

**Sat LG classes in 2 lanes 5/6 2:00-6:30, 5/13 12-6:30, 5/20 and 5/27 12-6**

**Sunday LG classes in 2 lanes on 5/7 and 5/14 12:00-7:30**

**Elks done after Friday, 5/12 and BHS done after Friday, 5/19**

**LG Training in 2 lanes 6:00-9:00 PM Tu 5/16 & 5/23 + Th 5/18 & 5/25,**

**Memorial Day Hours: Facility open 1:30-6:30PM, the pool open 1:30-6:00PM**

**"Lanes open" indicates lanes open to the public.**